

10 Matters Harmful to Your Marriage and Their Solutions

#1

Lack of Trust

Solution

Husn Zhan

Thinking good of each other
strengthens the bonds of marriage.

#2

**LACK OF TOLERANCE
TOWARD EACH OTHER**

Solution

Sabar (patience) with
each other builds the
relationship

#3

OVER- EXPECTATIONS



Solution

Moderate expectations smooth
running relationships

#4

**Not Knowing &
Not Understanding
His/Her Likes &
Dislikes**

Solution

Knowledge of each other's
likes & dislikes improves
the marital relationship

#5

Arrogance and Feeling of Self- Superiority

Solution

Humbleness and Humility
strengthen the relationship

#6

Loose Tongue

Solution

Restraining and Safeguarding the Tongue

by not expressing each and every like and dislike,
indiscriminately, at the time of disputes.

#7

Taking Disputes Outside the House

This is giving fuel to fire

Solution

Keep marital secrets in the wallet



Seeking advice from expert Ulama Kiram is much more beneficial.

#8

Not Allowing the
Spouse a Break for
their Mistakes

Solution

Give Allowances & Overlook
each other's errors.

Forgive and Forget

#9

Ingratitude

Solution

Be grateful and appreciative of
each other

#10

Lack of Mutual
Love

Solution

Marital love brings tranquility, security,
and happiness in a relationship.

The eminent companion, Abu Darda (r), said wisely to his wife: "If you get upset with me I'll calm you, if I get upset, you do the same"